

Crown Her a King TM

Restoring God's Glory to the Bride of Christ

© By Susan Dewbrew

SESSION 4: *Lies that Bind*

HOMEWORK – GOING DEEPER

PRIVATE TIME QUESTIONS

Dr. Ignaz Semmelweis: Childbed Fever (*Puerperal Sepsis*), mid 1800s

He was part of the problem. The solution was to remove the “cadaverous poisoning” by simply washing your hands. The medical community refused to believe they were part of the problem or that the solution could be so simple.

Ephesians 5:26, washing by the water of the word (*rhema*) =

Replace the lies that bind with His Truth – for His Truth sets us free

There is not a human being alive who has not been affected in some way by the enemy's lies. Most all have been affected by the lies regarding God's will for women in relation to men (in the family, in the church, and/or in the work place).

The lies of the enemy are a cancer designed to destroy us. Our assignment is to find the lies that our heart has believed, wash them away with repentance and replace them with God's Word – God's Truth.

1) Carve out at least an hour of quiet time with the Lord. We don't want to be rushed on this assignment; it may not be an easy process.

2) Grab a journal or some paper along with a pen or pencil. Put on some relaxing, quiet worship music. Preferably instrumental so the words won't be a distraction, but if you don't have any without words that's okay. Spend at least the first 15 minutes or more just focusing on the Lord and letting the cares of the world wash off you.

3) Let God be both the Surgeon and Comforter in this exercise.

One by one, write out each the following questions in your journal. Pause and record what you hear or sense are the answers from the Lord before moving on to the next question. ["Search my heart, O Lord..."]

- A. Lord, in what ways have I believed that women were secondary to or unequal to men?
- B. Lord, in what ways have I embraced the lie that women can't be in leadership?
- C. Lord, in what ways have I blamed or judged men for not living up to my false expectations of them?
- D. Lord, is there anyone I need to forgive – including myself – for embracing and perpetuating these lies?
- E. Lord, now that the lies are repented of, please show me Your Truth. What do You want me to see or to understand?
- F. If you are female: Lord, what is your opinion of me as a woman?
If you are male: Lord, what is your opinion of me as a man?

Take a deep breath and read back over your answers. Do you feel they are God inspired/God breathed? (If you are unsure, check to see if your answers line up with His heart and His written word?) If you feel you missed it, go back and ask again. If you know God has revealed His Truth to you, then rest. The Surgeon has cut out the lies. Let the Comforter bring full healing and restoration like only He can do. ☺

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If you had trouble with this assignment, do not get discouraged! Just stay in prayer throughout the week and make note of the things the Lord brings to your heart and mind. Next week's lesson is on hearing and honoring the **Groom's Voice**, so that may help a lot. After next week's session, come back and try this exercise again. In the meantime, rest in the Lord. Ask Him, and He will lead you and guide you into all Truth.